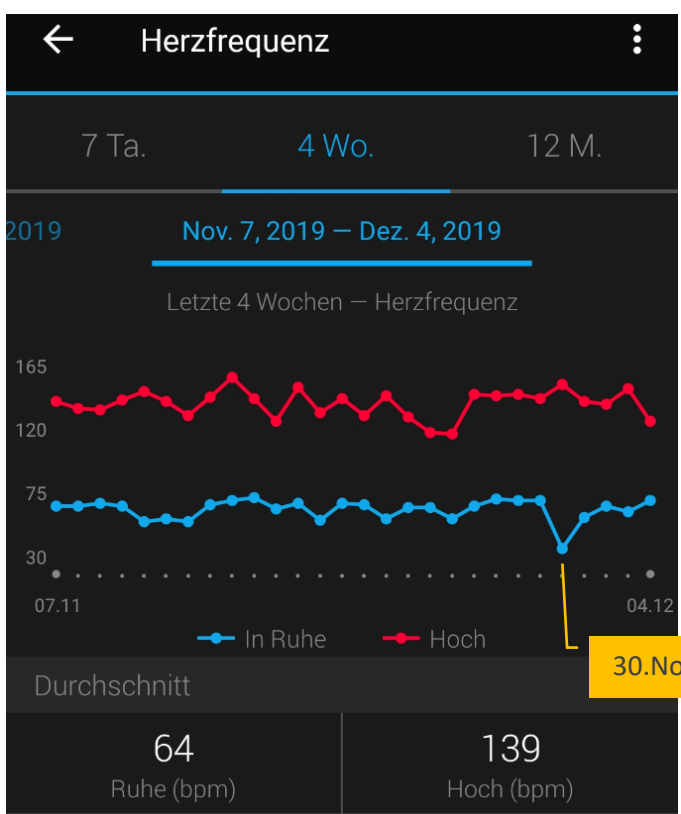
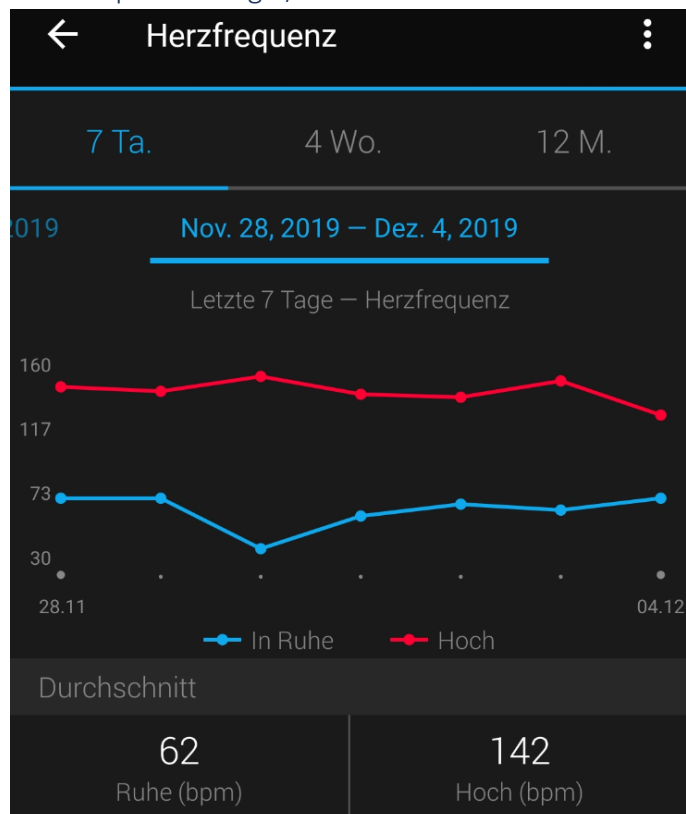
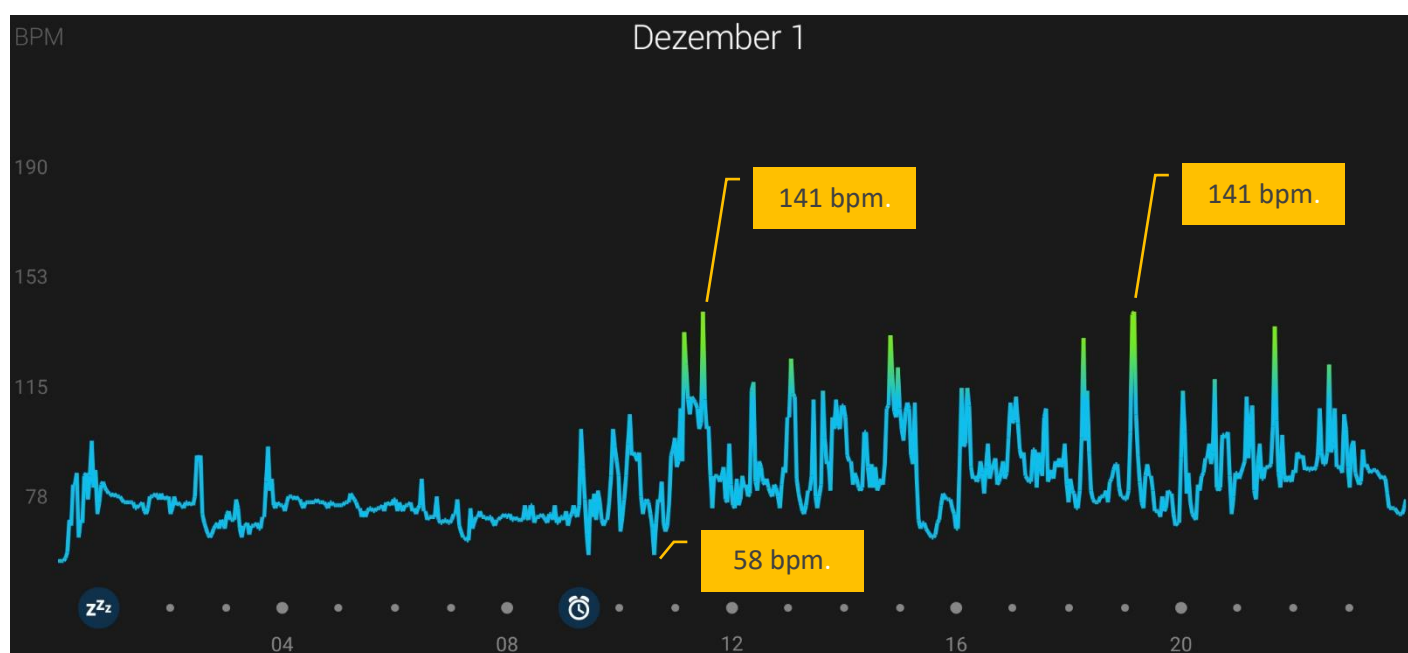
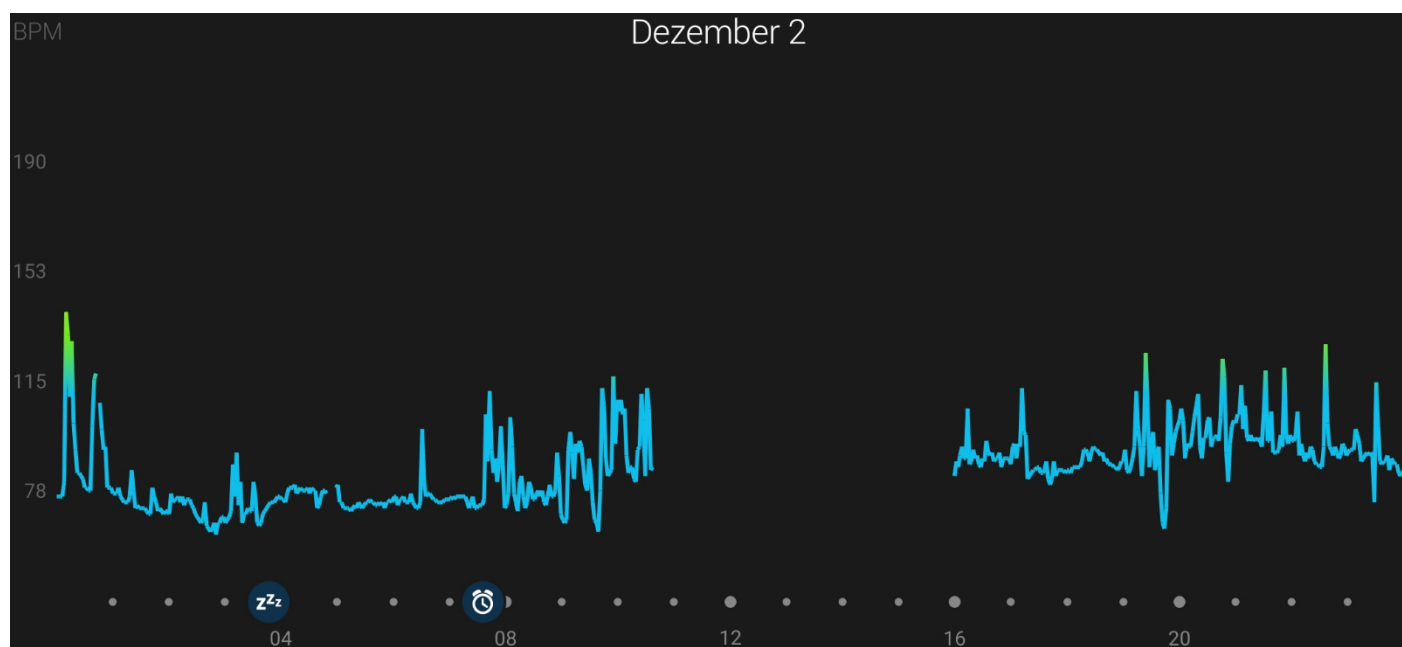
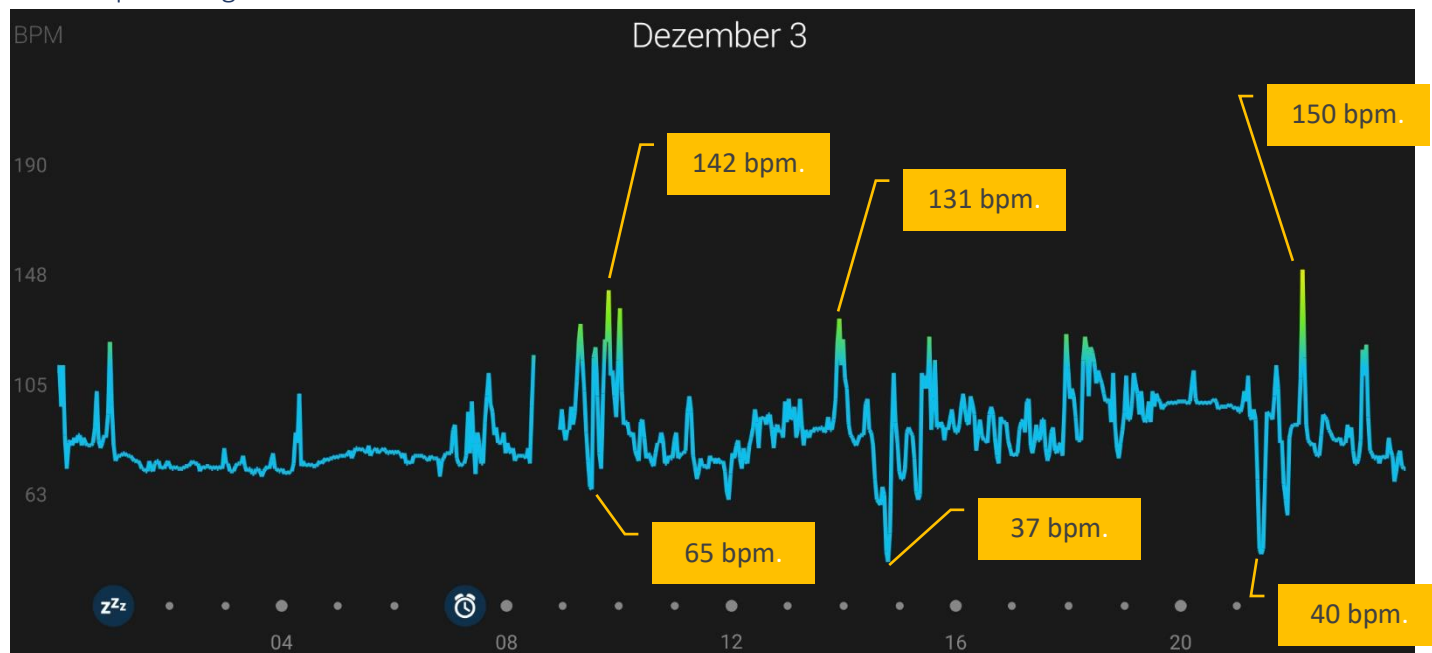


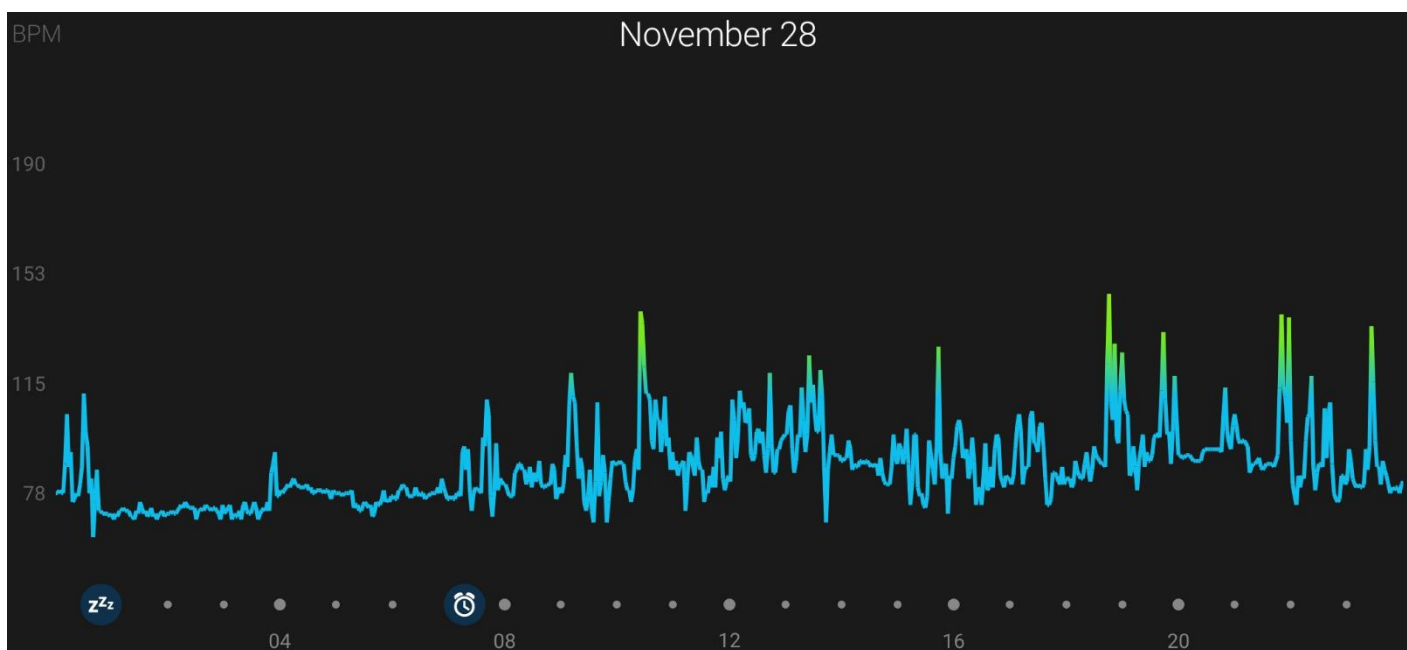
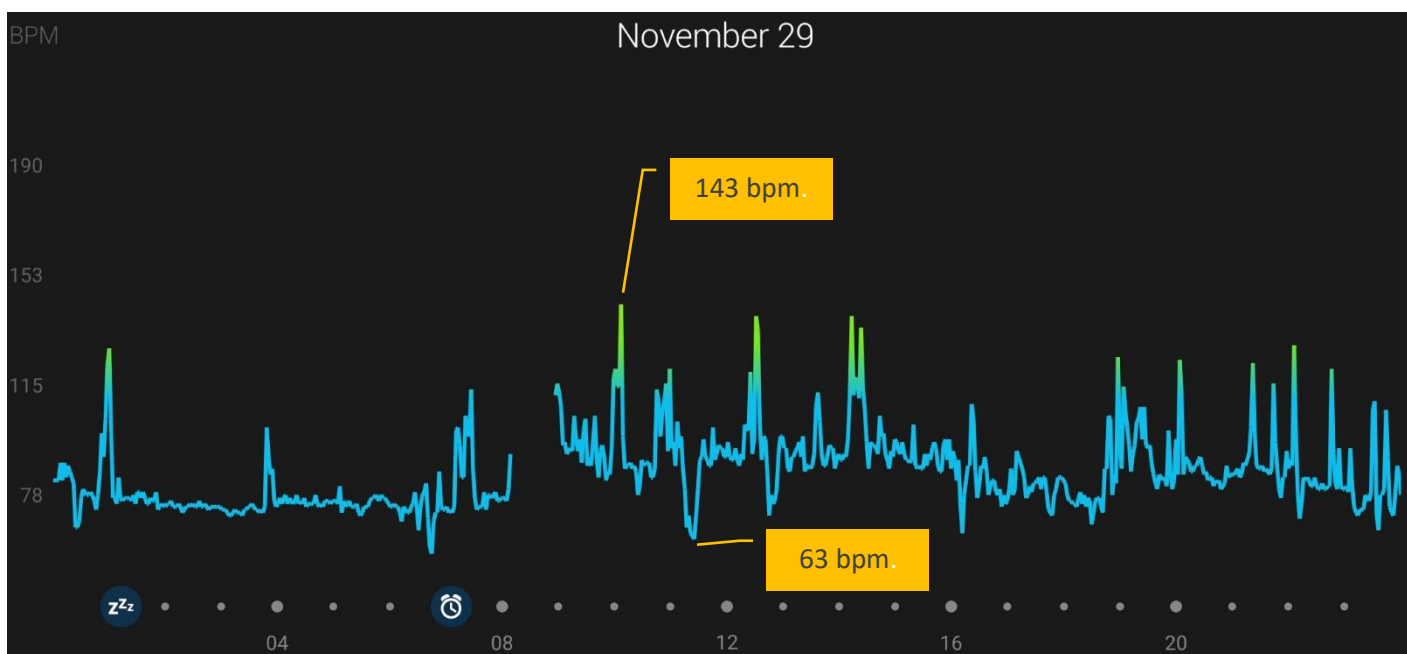
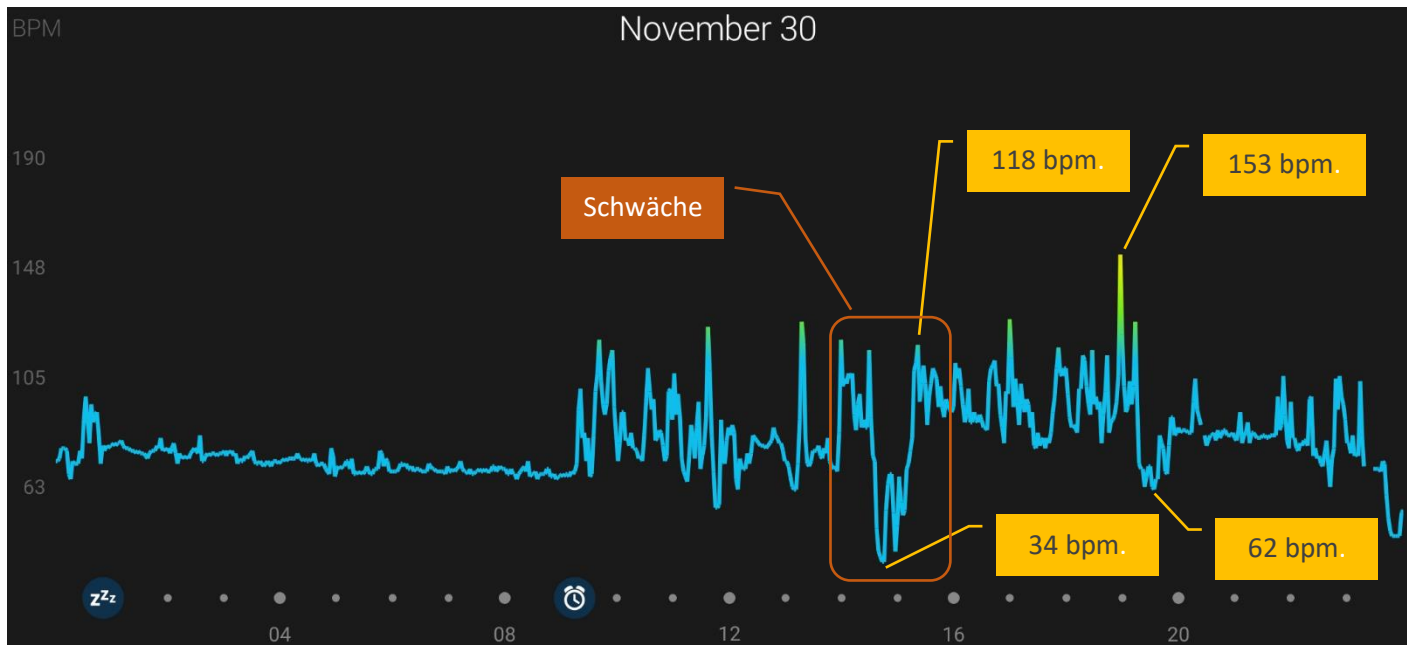
Hubert Weber, Herzfrequenz & Schlaf (Garmin vivosmart 3), 23.11 - 04.12.2019

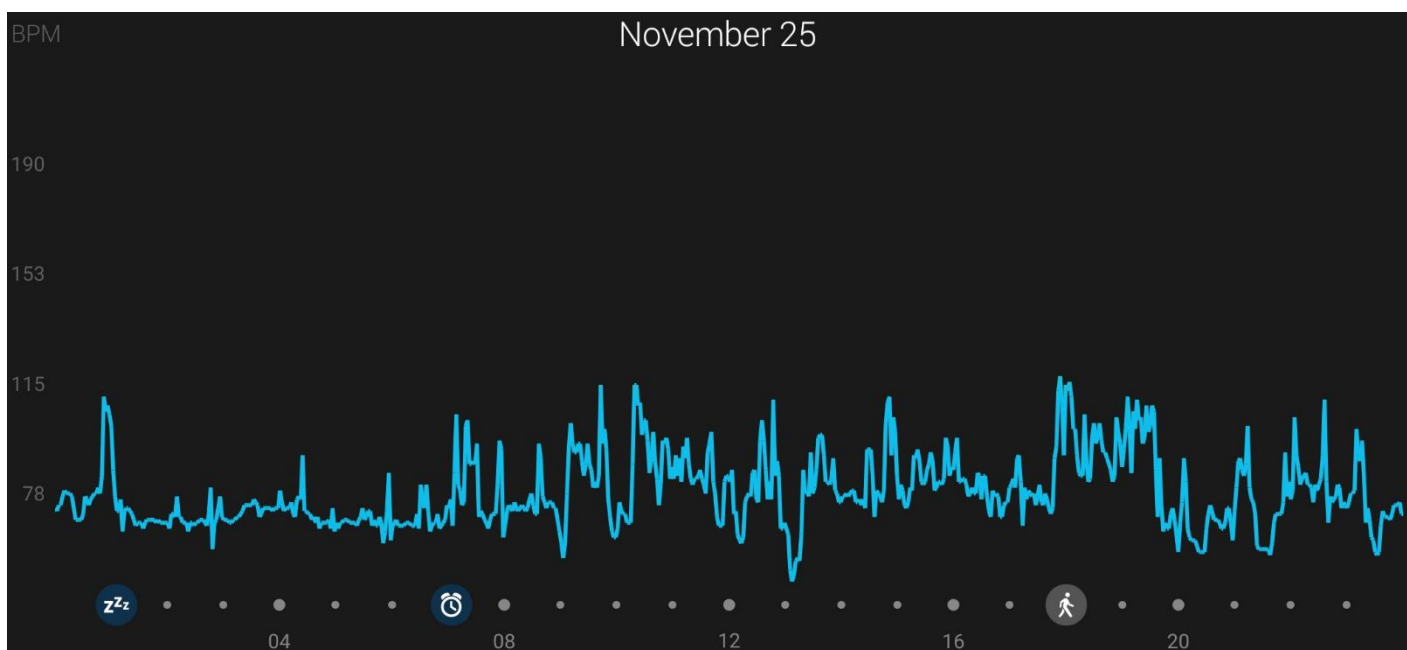
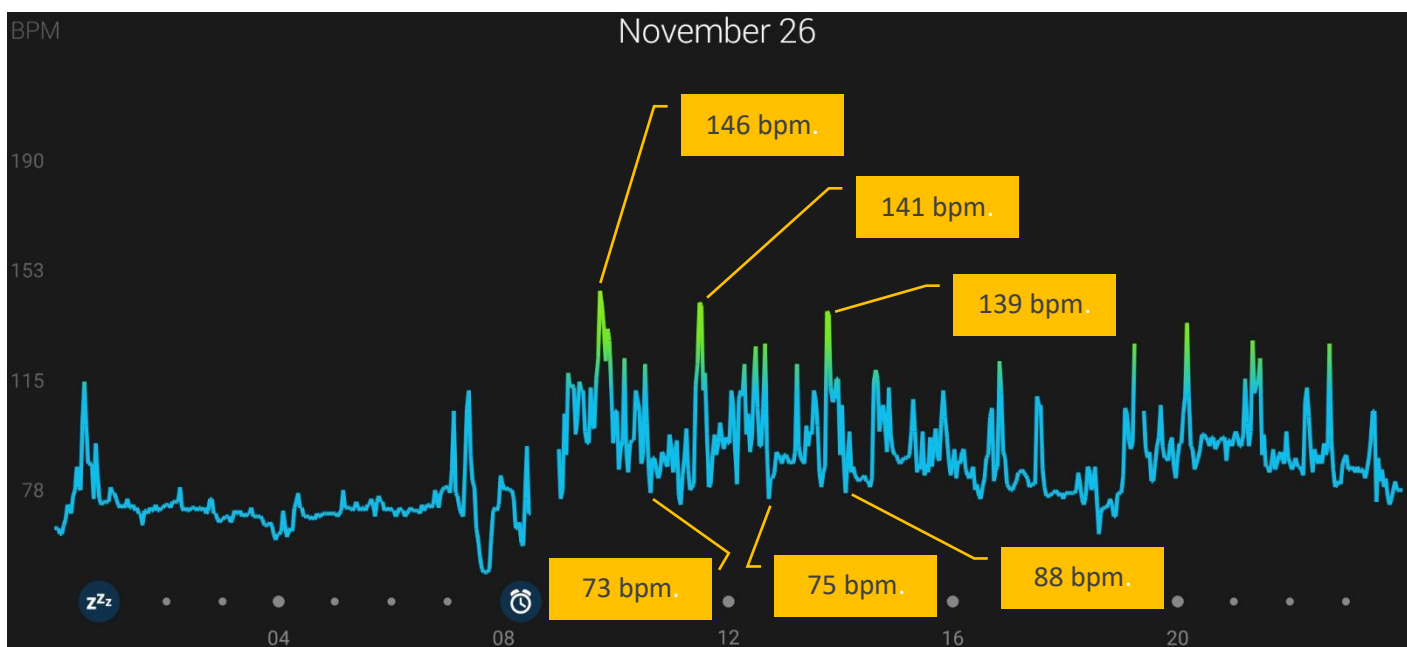
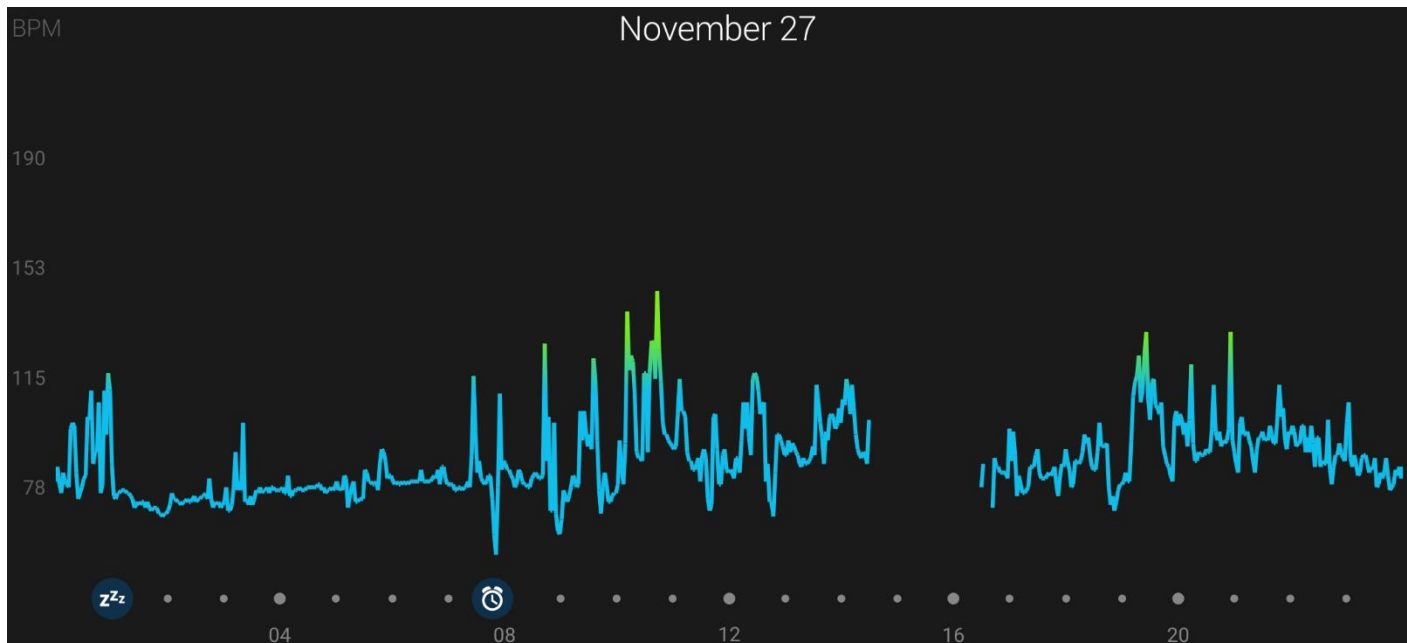
Herzfrequenz 7-Tage / 4-Wochen Übersicht

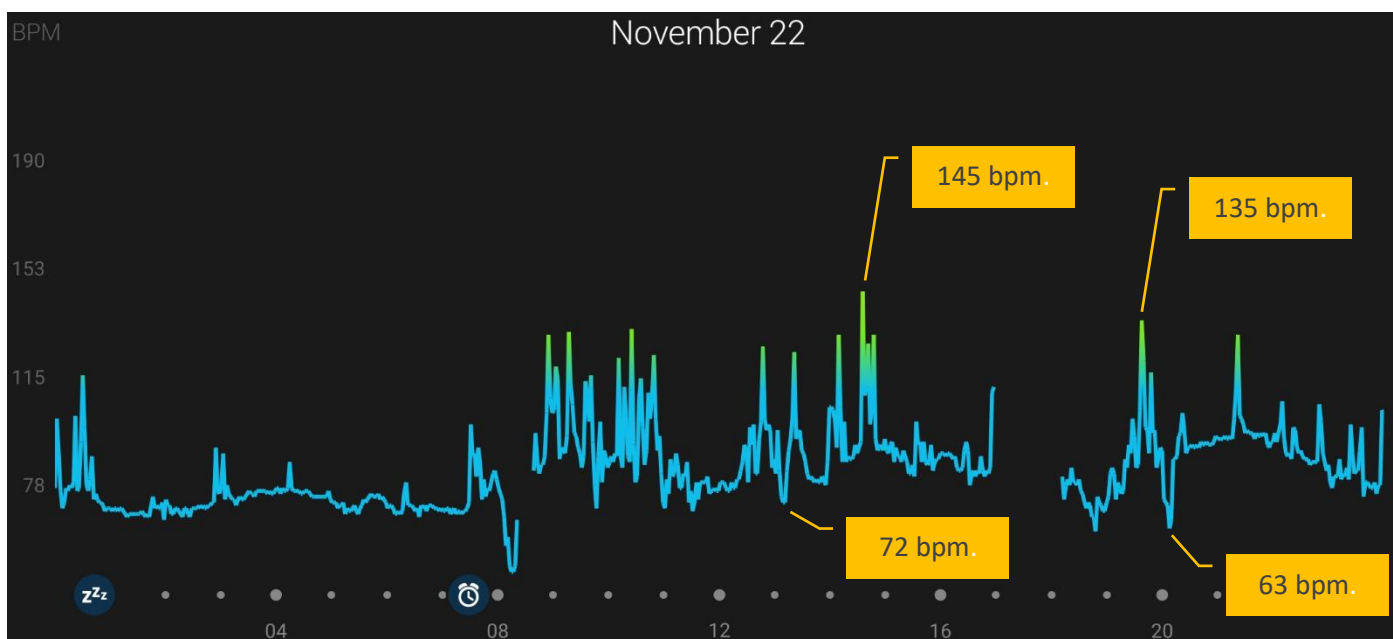
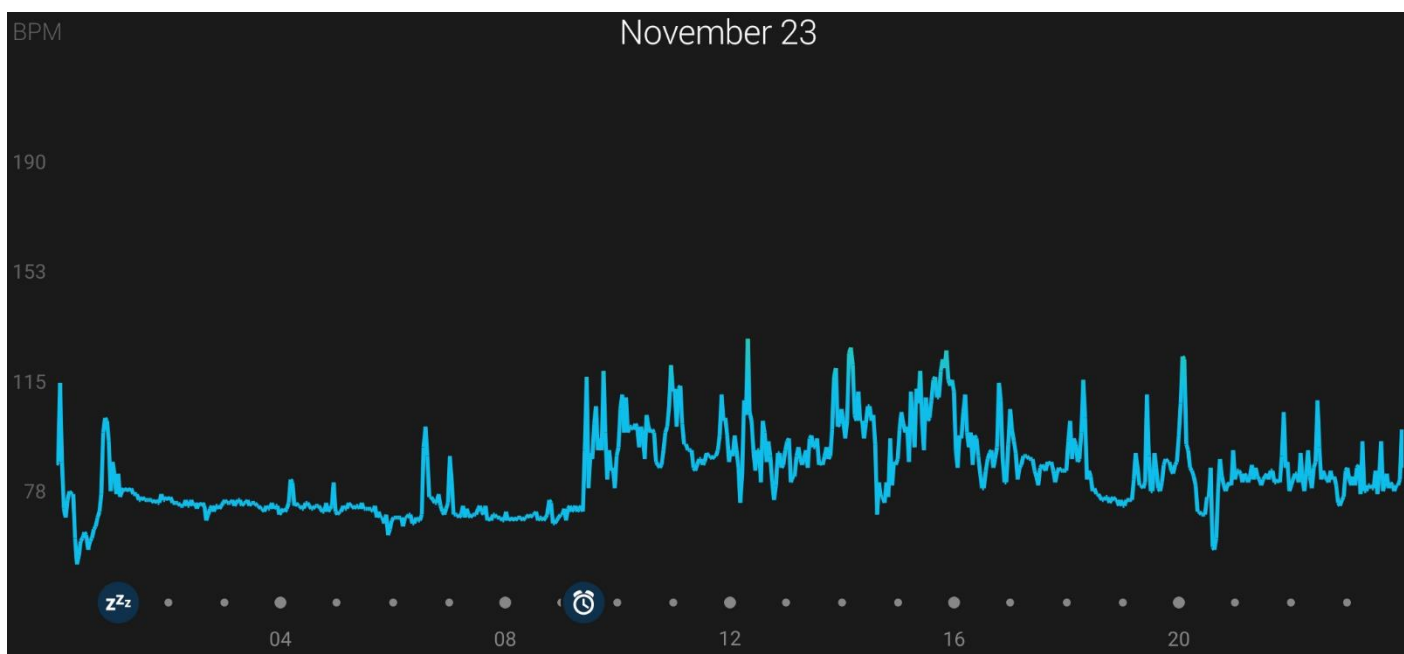
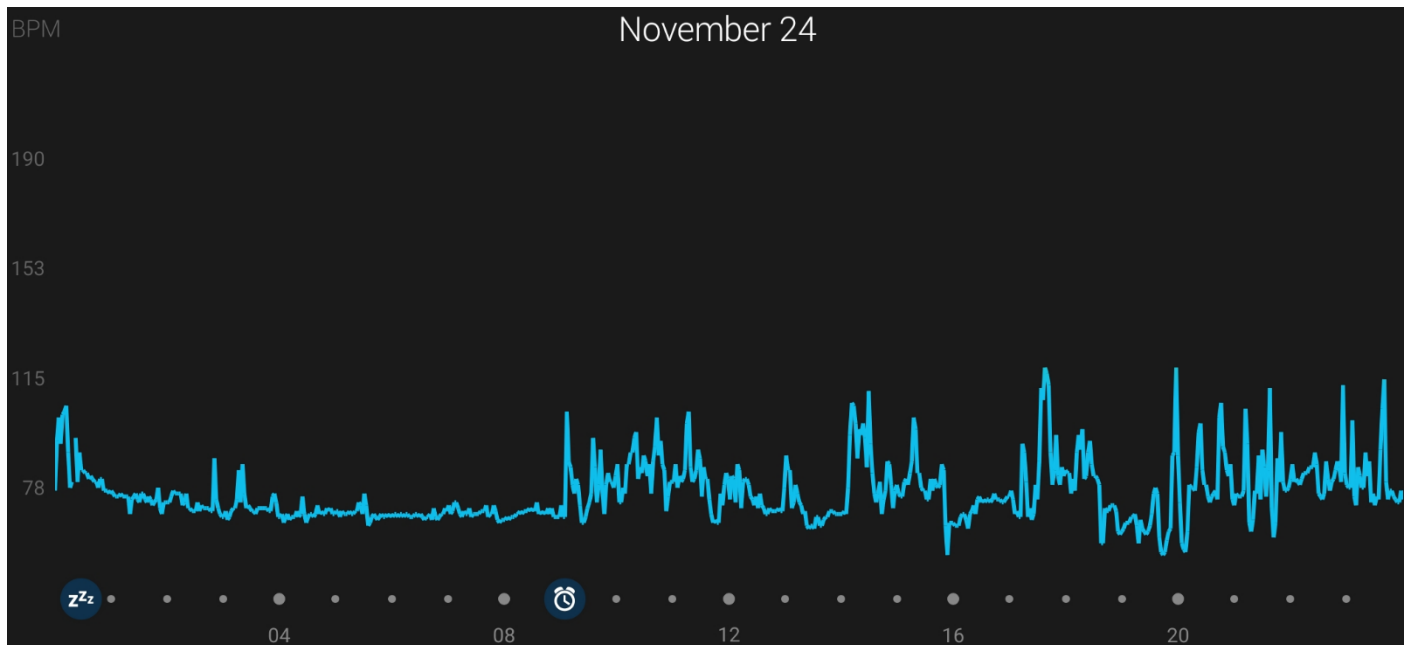


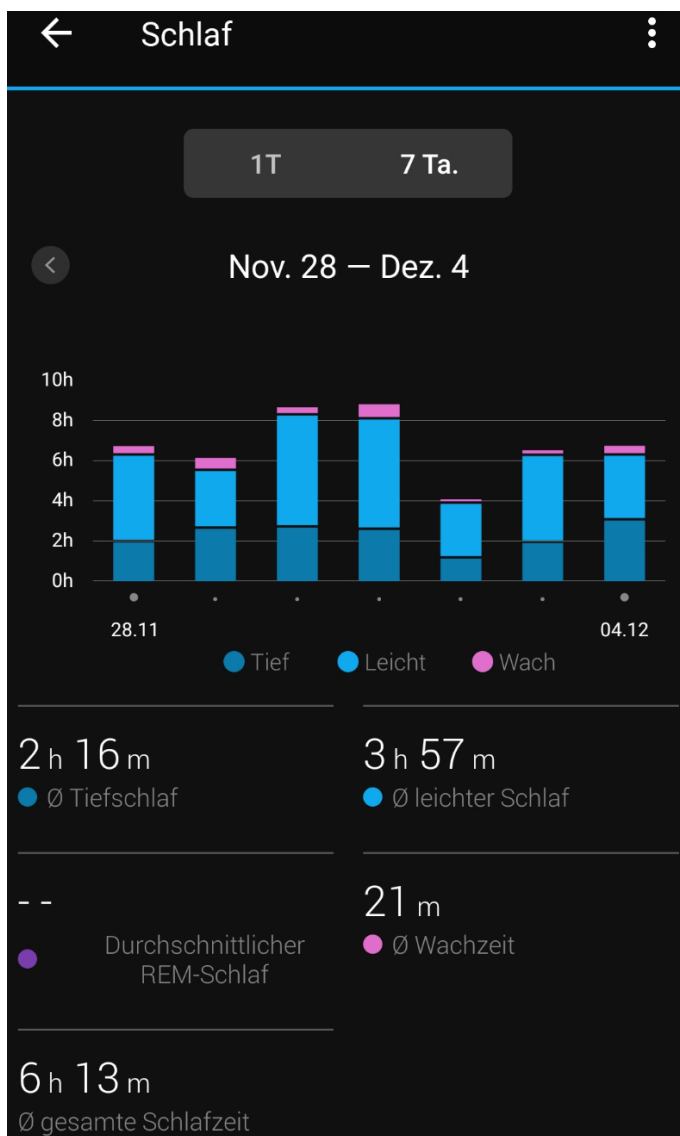
Herzfrequenz Tagesübersichten





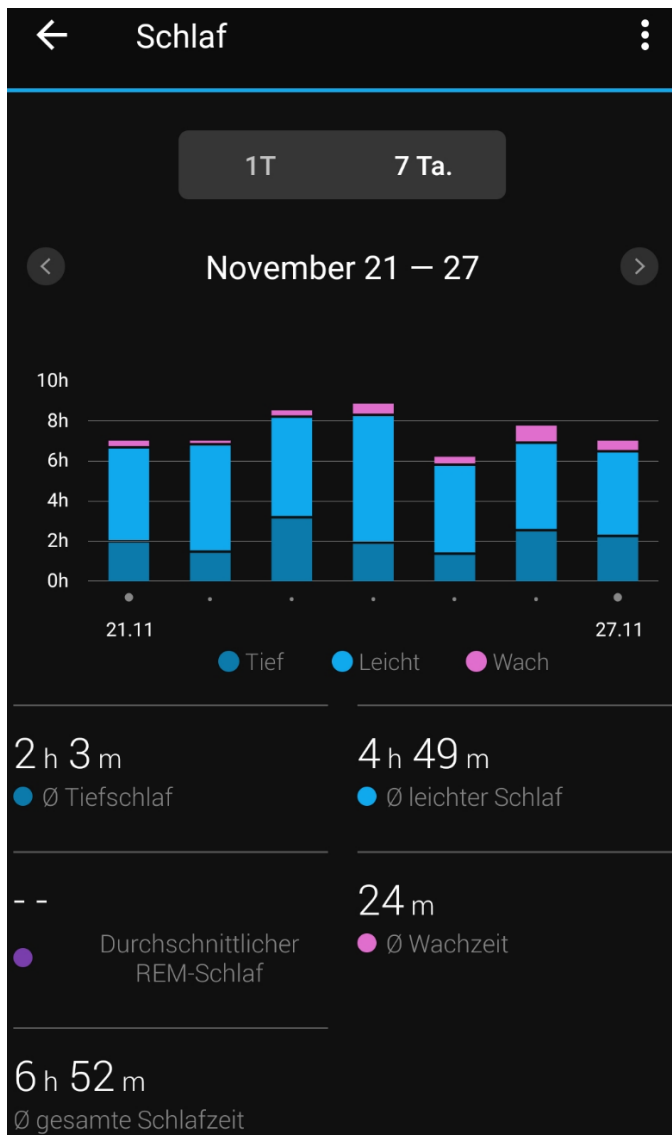






Mittwoch Dezember 4, 2019	6h 7m	
Dienstag Dezember 3, 2019	6h 6m	
Montag Dezember 2, 2019	3h 43m	
Sonntag Dezember 1, 2019	7h 55m	
Samstag November 30, 2019	8h 7m	
Freitag November 29, 2019	5h 21m	
Donnerstag November 28, 2019	6h 7m	

Schlaf Übersicht 21.11 – 27.11.2019



Mittwoch November 27, 2019	6h 18m	
Dienstag November 26, 2019	6h 44m	
Montag November 25, 2019	5h 38m	
Sonntag November 24, 2019	8h 7m	
Samstag November 23, 2019	8h 2m	
Freitag November 22, 2019	6h 39m	
Donnerstag November 21, 2019	6h 30m	